

February 4-10, 2024



**#catholichealthcareweek**

### **We Acknowledge National Catholic Health Care Week to:**

- ✓ *Amplify our shared mission through a consistent, strong, collective voice,*
- ✓ *Showcase our role, value and impact in local communities and across the country,*
- ✓ *Demonstrate that we are people focused, expert contributors to the health system, and*
- ✓ *Engage our stakeholders in conversation about Catholic Health Care.*

### **Watch this Video and Learn about Catholic Health Care**

[https://youtu.be/gwE1BAIjLMc?si=UAAmH\\_ntLReCs3G](https://youtu.be/gwE1BAIjLMc?si=UAAmH_ntLReCs3G)

## Why February?

National Catholic Health Care Week leads into The World Day of the Sick on February 11, a Catholic day of observance established by Pope John Paul II to encourage prayers and reflections for those who are ill and for all those who care for them.

## Building Bridges

This year's theme speaks to the gift of Catholic health as a sign of hope in the world and offers each person in their journey to care for themselves or others some words of blessing and hope. As Catholic health, we strive each day to be a compassionate presence in a broken world, to work together with those we serve, caregivers, and our communities and partners to create safe, welcoming environments where all are seen and heard and can find hope. As innovators and advocates, we contribute to and help shape an ever-evolving health system, drawing on our Catholic values, and a legacy of innovation and ethical reflection.

This year's theme encourages and inspires us all to nurture hope through our individual and organizational efforts to foster connections, belonging, healing, wellbeing and purpose. This begins in acknowledging the deep and lingering scars from the pandemic in our health system and society—high levels of loneliness, isolation, chronic illness, fatigue, stress, mental illness and addiction, and economic uncertainty.

This Week is an opportunity to reflect on this mission of hope and to share stories about how we work with many partners—in our Catholic community, our health system and beyond—to foster hope and healing in ourselves, our communities and our society: to make life-giving connections, welcome each other in community, foster healing and wellness—body, mind and soul - and find purpose and meaning in our calling and our circumstances.



**A Message from the Catholic Health Alliance of Canada - [www.chac.ca](http://www.chac.ca)**